



hello@odysseymethod.com • odysseymethod.com/vancouver

Tel: (236) 420-6854 • Fax: (778) 699-4514

About the **Odyssey Method** of **Ketamine-Assisted Therapy**

Odyssey is a unique method of Ketamine-assisted therapy for mental health and nervous system regulation.

Odyssey is currently offered in 2 BC locations:

- Kelowna - EntheoMed Integrated Wellness Centre - #2-1131 Lawson Ave • Kelowna
- Vancouver - Kinetix Medicine - 2225 W Broadway, Vancouver

To treat common conditions like anxiety, depression, burnout, adjustment disorder with anxious/ depressed mood, PTSD and OCD, the Odyssey method combines:

- A) The unique, neuroplasticity boosting, perspective-shifting, therapeutic capabilities of intramuscular ketamine – a proven safe medication with few side effects compared to other psychiatric medications. Ketamine can catalyze shifts in negative thinking patterns, re-connections with positive memories, enhance cognitive and cognitive flexibility, and regulate difficult emotions.
- B) A well-rounded support program that includes a foundation of knowledge on KAT prior to beginning treatment, with both preparation and integration psychotherapy
- C) Guidance on restorative mind + body integration practices to support the shifts catalyzed by ketamine for improved mental and emotional health that lasts.

Odyssey's holistic approach of mental health addresses the symptoms of anxiety and depression as thought and behaviour patterns that our brains have developed as a response to traumas like childhood emotional neglect, inconsistent caregivers, exposure to violence or tragedy, accidents and chronic stress – among many other examples.

By utilizing the perspective-shifting therapeutic capabilities of ketamine with supportive psychotherapy and restorative integration practices, Odyssey provides immediate and effective relief from symptoms and supports lasting healing gained from greater self-compassion, emotional growth and the creation of new neural connections.

Odyssey's IM ketamine is administered by medical professionals in a safe, controlled setting designed to optimize the experience, after the patient's mindset is suitably prepared with preparation counselling.

Our clinical team will determine if Odyssey is a safe treatment option for your patient. We reserve the right to refuse treatment to anyone we deem ineligible due to medical or mental health reasons, which we will communicate to you. If you have any further questions, please reach out.

Please note that Odyssey is a private pay service and is not currently covered by MSP.



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PATIENT'S INFORMATION	
Last Name (Legal):	First Name (Legal):
Personal Health Number:	DOB (DD-MM-YYYY):
Gender:	
Address:	
Primary Phone #:	Secondary Phone #:
Email:	

CLINICAL INFORMATION

Please fax a list of all current medications and consultation reports with this referral to 778-699-4514. Once all documentation is received and reviewed, a consultation appointment will be scheduled.

Select Indications below*	Select Absolute Contraindications below*
<input type="checkbox"/> Depression (TRD)	<input type="checkbox"/> Allergy to Ketamine
<input type="checkbox"/> Generalized Anxiety Disorder (GAD)	<input type="checkbox"/> History of Psychosis
<input type="checkbox"/> Adjustment Disorder with Depressed Mood	<input type="checkbox"/> Active Substance Abuse
<input type="checkbox"/> Adjustment Disorder with Anxious Mood	<input type="checkbox"/> Pregnancy
<input type="checkbox"/> Post-Traumatic Stress Disorder (PTSD)	<input type="checkbox"/> Recent Traumatic Brain Injury
<input type="checkbox"/> Major Depressive Disorder (MDD)	



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<input type="checkbox"/> Obsessive Compulsive Disorder (OCD)	* Check all that apply.
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Relative Contraindications*

<input type="checkbox"/> Moderate to Severe Obstructive Sleep Apnea <input type="checkbox"/> Uncontrolled Hypertension <input type="checkbox"/> Respiratory Issues <input type="checkbox"/> Personality Disorders <input type="checkbox"/> Very Acute Suicidal Ideation <input type="checkbox"/> Significant Past Substance Abuse <input type="checkbox"/> High ICP – brain tumour, hydrocephalus	<input type="checkbox"/> Unstable/poorly controlled cardiac disease <input type="checkbox"/> Morbid obesity <input type="checkbox"/> Dementing disorder (Alzheimer’s) <input type="checkbox"/> Severe liver or kidney disorder <input type="checkbox"/> Glaucoma <input type="checkbox"/> Uncontrolled seizure disorder * Check all that apply.
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Reason for referral:

Other specialists involved in care:

Relevant past (Medical History):

Height (cm):	Weight (kg):
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Blood Pressure:	HR:	BMI:
REFERRING DOCTOR INFORMATION:		
Clinic:	Date:	
First & Last Name:	MSP #:	
Address:		
Phone Number:	Fax Number:	
Doctor's Signature:		

Please fax this completed referral form, list of medications and consultation documents to 778-699-4514.



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Frequently Asked Questions:

How much does this treatment cost? As research has shown, multiple Ketamine doses may confer cumulative benefits. To allow for greater flexibility in accommodating patient's schedules, we have recently modified our treatment model.

Ketamine Therapy Consultation: \$400 to determine if a suitable candidate for treatment

- Non-refundable
- Includes psychiatric and medical assessments
- Lifetime access to educational resources and healing modalities like breathwork

Ketamine treatment: \$1400 each

- Includes pre and post-treatment counselling as required
- IM Ketamine treatment in clinic with medical supervision
- Access to live and recorded educational information and other healing modalities

Subsequent treatments: \$750-1400

- After initial intake and treatment additional pricing options are available.

Ketamine-assisted Therapy is not currently covered by MSP.

It may be covered by a private insurance provider, but the patient must pay up front and then seek their own reimbursement.

*Acceptance into the program is done on a case by case basis and may require the presence of additional outside support.

**PLEASE ATTACH ALL PERTINENT INFORMATION (reports, consultation notes, etc.) A consultation appointment will be scheduled once ALL the requested documentation is received and reviewed.

Make new connections.